

Weight Loss Causes Sagging Breast

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Weight Loss Causes Sagging Breasts

Many women tend to think about plastic surgery in order to improve the way their breasts look when they have lost their weight. The effect after it is similar to other parts of the body. It can be noticed in clothes that is why it prevents women from looking perfect. In the process of aging breasts change their shape because the firmer glandular tissue is replaced with fat. A major weight loss can have the similar negative influence on the person's appearance and cause the feeling of discomfort or dissatisfaction.

Lifting of Sagging Breast

When the process of **weight loss** is not gradual and goes quickly, the skin is not so elastic. Therefore the breast is affected to such alterations. In this connection mastopexy (breast lift) is frequently sought after. During this procedure extra skin is removed to avoid sagging breasts. The aim of the surgery is to raise the tissue of breast and elevate the nipple. This enhances the look and makes it younger. In this way you can obtain supple breasts the way they were before you started weight loss process.

The procedure is personalized according each person's demands. The degree of breast skin that should be taken away, along with the client's needs and wishes, determines the sort of incision it requires. The majority individuals who suffer from saggy breast after major weight loss need skin reduced across the brown skin around the nipples (areola) and the breast itself.

Sometimes surgeons make only a cut around the areola but it is an unusual thing when speaking about weight loss patients because of high skin laxity level. Many patients feel pain after the surgery; however, they are able to return to their regular activities in about 3 weeks.

Augmentation of Sagging Breast

But not only skin suffers after weight loss. Breast tissues undergo changes as well. Full breast is not flexible any longer and looks deflated. With help of surgery the breasts are enlarged, while the volume can be restored with implants. **Augmentation of sagging breast** allows for many choices regarding the spot of the small incision this surgery can be performed through: it can be either along the breast fold, in the underarms or around the areola. Surgeons can put the implant under pectoralis muscle. Alternatively, it can be placed underneath breast tissue, which gives a natural look to the breast.

The operation does not require a patient to stay in the hospital, it does not last long (usually no longer than 2 hours). The anesthetic can be general or twilight, and oral drugs are used to relieve the pain after the operation. A patient can resume work in about a week.

Risks of Sagging Breasts

Moral police and medical professionals often frown upon breast implants because these people know about some real risks associated with the implants. There are a lot of discussions about implants with a silicone gel inside, that's why most surgeons use implants charged with a saline solution.

If you have lost much weight and would like to improve the appearance of your breasts, go and ask for an advice at special forums where these issues are discussed. These forums are visited by women who have experience and can recommend you a natural way to improve the appearance of your breasts.

In some cases you could do with breast enlargement pills or special gel. These means can also be effective and make your breasts look better and younger. Moreover, these means do not cause any harmful side effects.

Featured Breast Pills

Breast Actives

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Breast Actives is the most powerful and natural breast enhancement program available anywhere in the world. The Breast Actives program is a unique natural Breast Enlargement Program with exercise techniques, natural supplements and enhancement cream that provide nutrients that you may be missing if you are not eating a balanced diet.

Guarantee: With the Breast Actives program you can't lose. Breast Actives offers all customers a risk-free guarantee up to Six Months. The deal is this: try Breast Actives for yourself to see the great results. If you're not happy then simply return the used bottles after you are finished for a full refund.

Breast Actives Ingredients: Feneugreek Seed Extract, Fennel Seed, Dong Quai Root, Blessed Thistle Herb, Dandelion Root, Watercress Leaf, L-Tyrosine, Kelp, Vitamin E

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